

Being all powerful, He provided what we needed, if we kept close to Him and performed His work well. Established on such a footing we became less and less interested in ourselves, our little plans and designs, more and more we became interested in seeing what we could contribute to life. As we felt new power flow in, as we enjoyed peace of mind, as we discovered we could face life successfully, as we became to lose our fear of today, tomorrow, or the hereafter. We were reborn.

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Alcoholics Anonymous

DIRECTIONS

From Seattle:

I-90 East to Thorp Exit # 101
Turn Right
Proceed 2 miles to Cove Road - Turn Right
Proceed 5 miles to Manastash Rd (2nd Stop)
Turn Right - Wind up Canyon, 6.5 miles
Lazy F on left side of road

From Yakima:

I-82 North to I-90 West
Canyon Road Exit # 109 - Turn Right
Turn Left at Umptanun Road (at Subway)
Proceed to Manastash Road
Turn Right (Danman School on Right)
10 miles to Lazy F

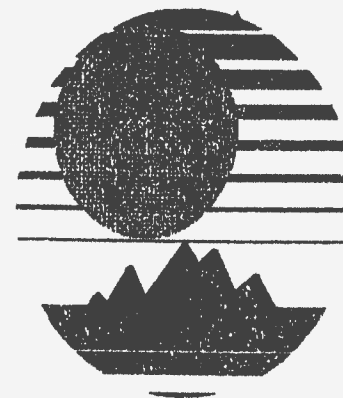
From Wenatchee:

Hwy 97 South to Perkin's Restaurant in
Ellensburg - Turn Right, Cross over I-90
Turn Left at Hanson Road, .3 miles
Proceed to Cove Road - Turn Left
Proceed to Manastash Road - Turn Right
Wind up Canyon, 6.5 miles
Lazy F is on the Left side of road

Camp is one mile before pavement ends

FIRST ANNUAL
MEN'S
ALCOHOLICS ANONYMOUS

MANASTASH RETREAT



RELAXING, SERENE, PICTURESQUE

UNITY, SERVICE,
RECOVERY

LOCATION

Lazy F Camp and Retreat Center
16170 Manastash Road
Ellensburg, WA 98926
(509) 965-2780

ACCOMMODATIONS

Lazy F is an attractive place for refreshment and group renewal, situated on 110 acres. It is a peaceful setting in the lovely Manastash Canyon with comfortable lodging and facilities.

Activities available during scheduled breaks include: Fellowship, Walking, Hiking, Trail Biking, Horseshoes, Volleyball, Basketball etc.

Lodging is dorm style with common living rooms in each lodge. Individuals are to bring; Sleeping bag or linens, pillow and personal hygiene items. Showers and Restroom facilities are located within each lodge.

Food and refreshments are included and provided buffet style.

HOSTS

The retreat is hosted by two members from Federal Way, Washington. For additional information or registration forms, please call:

Steve C. (206) 661-6202
Jimmy D. (206) 941-5847

WHEN

May - 16, 17, 18 - 1997

Check In: 4:00 p.m., Friday
Check Out: 12:00 p.m., Sunday

GUEST SPEAKER

Howard P.
Scottsdale, Arizona
Topic: The 12 Steps to Recovery

COST

\$ 80.00, Advanced payment - This includes;
(2) nights accommodations and (5) meals.

Limited to the first 80 to register.

Registration ends March 15, 1997

Detach the registration form and send with payment to the provided address.

If interested in service work please indicate that on the registration form.

We will need help with; coffee making, dining hall set-up and clean-up, meeting chairmans etc..

REGISTRATION FORM

(PLEASE PRINT)

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP CODE: _____

PHONE: () _____

SERVICE: YES _____ NO _____

MAIL TO:

Jimmy Dewberry
25623 33rd. Ave. South
Kent, WA. 98032